

# FY2023 Wellness KPIs & Highlights

As of Oct 2023



【Wellness Seminar】 Financial Wellbeing/ Mindfulness Seminar/ Stress Seminar  
【Wellness Event & Program】 Walk Rally/ Exercise Event/ Strength Workshop/ Recipe Month Events/ Mindfulness Program/ Stress Program/  
Gym Studio Lessons/ Inbody Events/ PMS Supplements Distribution  
【Wellness Community】 Be Well, Do Well/ Walk Rally/ Recipe Month/ Sleep Rally